

Migraine medication options

This is not a complete list. For more information, talk to your pharmacist or doctor.

Medication to relieve symptoms when a migraine happens.

Over-the-counter: mild to moderate
acetaminophen, aspirin, diclofenac,
ibuprofen, naproxen,
acetaminophen/aspirin/caffeine

Prescription required

Triptans: moderate to severe
almotriptan, eletriptan, frovatriptan,
naratriptan, rizatriptan, sumatriptan,
sumatriptan/naproxen, zolmitriptan

CGRP receptor antagonists:

moderate to severe
rimegepant, ubrogepant, zavegepant

Serotonin (5-HT_{1F}) receptor agonists:

lasmiditan

Nausea medications:

chlorpromazine, droperidol, metoclopramide,
prochlorperazine, promethazine,
ondansetron

Other options:

dihydroergotamine, ketorolac

If you use these medications every day for migraines, talk to your pharmacist or doctor.

CGRP = calcitonin gene-related peptide

Preventive medication is taken regularly

(even on days with no symptoms) to decrease the number and duration of migraines.

Prescription required

CGRP receptor antagonists:

rimegepant, atogepant

CGRP antibodies:

galcanezumab, fremanezumab, eptinezumab,
erenumab

Beta blockers:

propranolol, timolol

Anticonvulsants:

topiramate, valproic acid

Tricyclic antidepressants:

amitriptyline

Tips to Help You Remember to Take Your Medication

1. Set an alarm
2. Use a pillbox
3. Keep a calendar
4. Ask for help from family or friends

Talk to your pharmacist if you are unsure of how to take your medication.



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